## **Honorary Therapist at Respond**

Are you a qualified creative arts therapist, psychotherapist or counsellor? Or working towards accreditation?

Or are you a Therapist in training, with existing history of working with Learning Disabilities, Vulnerable People, or people affected by trauma?

Would you like to make a difference to people with learning disabilities lives who have experienced abuse and/or trauma?

Respond is a registered charity that has been providing innovative services for children and adults with learning disabilities since 1991.

We make a real difference to people by providing effective and flexible support to help people who have experienced abuse or trauma, as well those who have abused others. We improve their lives through psychotherapy, advocacy, campaigning and other support, in a manner that brings about long-term and sustainable change. We want to help create communities where people with learning disabilities are treated as equals and are equally able to develop meaningful relationships.

Respond provides a high level of support to volunteer therapists through regular supervision and specialised training workshops.

You will have the opportunity to attend up to ten monthly evening trainings recognised as continuing professional development time.

**Location: London** 

**Level: Clinical** 

Deadline: 15th June 2018

Hours: 7, Commitment to one full day per week for a minimum of one academic year. Working day is normally 9-5, but this may vary depending on placement.

Benefits: Clinical Supervision, Fully Subsidised Training, CPD Hours

Job Type: Honorary, Unpaid.

Reporting to: Service Coordinator or Therapist

## **Role Description**

Respond is seeking a Creative Arts Therapist, Counsellor, or Psychotherapist to take up an honorary contract in either one of our London schools or in our Euston clinic. Honorary therapists will make a valuable contribution to our service and we will support the postholders' professional development.

Overall purpose of the role: To provide emotional and therapeutic support to People with learning disabilities aged 5 and above. The post will entail jointly assessing and providing individual therapy to people with learning disabilities who have experienced abuse and/or trauma. This will be an opportunity to develop your skills in providing therapy to people with learning disabilities.

The post(s) will be based either in our clinic in Euston or in one of our schools based in the London area. Therapists will receive regular clinical supervision from a qualified therapist and will attend mandatory training sessions. Other more specialist CPD opportunities will also be made available. We generally offer honorary contracts for a period of 12 months.

- Sessions spent with children or adults are accepted as clinical hours towards professional accreditation, and are recognised by the BACP and UKCP
- We need you to be available for a minimum of one day per week to work in a therapeutic capacity with up to 3 people offering one-to-one therapy
- Respond will provide monthly or fortnightly supervision depending on your caseload.
- To contribute to report writing and case discussion.
- The therapist must adhere to the organisation's confidentiality and information sharing policy at all times.
- Training will be provided in respect of Respond's Safeguarding and Child Protection policies.

This role description is a general outline of the duties and responsibilities and may be amended as Respond develops and the role grows. The post holder may be required to undertake other duties as may be reasonably required from time to time.

## **Person Specification**

The person specification outlines the main criteria for the post and short-listing will be based on the following criteria. Please ensure that your supporting statement clearly shows how you meet the criteria using experience gained either in paid or voluntary work.

## Key criteria required to be successful in this role:

You will be a qualified Creative Arts Therapist, Counsellor, Psychotherapist or Educational/Clinical Psychologist

Or you will be in your final year of training on one of the above courses, with pre-existing experience working with one or all of the following; Learning Disability, Autsim, Trauma, and or vulnerable people.

Your training will have had a therapeutic and personal development component rather than being purely theoretical or research based (as with Distance Learning courses).

Preferably you will have experience of working with Young People and/or people with Learning Disabilities or autism.

You will have an understanding of the impact of trauma and abuse, and in particular on individuals with a learning disability or autism (desirable).

You will have an understanding of attachment-based systems approach to therapy.

You will be able to identify with Responds' aims, values and model.

You can demonstrate self-awareness with the ability to self reflect; and you will have undertaken personal therapy (one-to-one or group therapy) to enhance this.

You can show an understanding of Responds equal opportunities policy and a personal commitment to equality of opportunity and anti –discriminatory practice in service delivery.

If you are interested in this honorary post please send a C.V. and supporting statement to Rosie Creer, Service Manager, <a href="mailto:rosie.creer@respond.org.uk">rosie.creer@respond.org.uk</a> and Elizabeth Thomas, YP's coordinator, <a href="mailto:elizabeth.tomas@respond.org.uk">elizabeth.tomas@respond.org.uk</a> by 15th June 2018.

Interview's will take place week commencing 6<sup>th</sup> July 2018.