

## Opportunity information

## Circles of Support & Accountability (COSA) Volunteer

<p><b>Would you like to volunteer for our Circles of Support and Accountability (COSA) project?</b></p>	<p>An innovative community-based initiative to support young people with a learning disability, autism or both has reached the West Midlands.</p> <p>A Circle of Support and Accountability (COSA) is a group of 4-6 volunteers from the local community who regularly meet with a young person or adult who has a learning disability, autism or both experiencing loss, trauma or both.</p> <p>The COSA provides a supportive social network and helps the person to build a safe, positive and purposeful life which does not put them or others at risk.</p>
<p><b>Requirements / Skills sought:</b></p>	<p>Empathy, good communication and organisational skills. You will also be able to manage your own emotions and maintain firm boundaries. A positive approach to team work and collaborative working is essential. We need people from all walks of life, different cultural backgrounds and ages. <b><i>Applicants must be aged over 18.</i></b></p>
<p><b>Commitment</b></p>	<p>One evening per week for 1 ½ hours. <b><i>A commitment of 12-18 months is required.</i></b></p>
<p><b>Location</b></p>	<p>Birmingham, Wolverhampton</p>
<p><b>DBS Check:</b></p>	<p>Enhanced DBS</p>
<p><b>Expenses</b></p>	<p>Yes</p>
<p><b>Application</b></p>	<p>Direct Contact</p>
<p><b>What support will you get?</b></p>	<p>Full training, support and supervision provided.</p>

### For more information

Please contact:

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COSA Project Worker

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