



## To make a referral:

We work with a range of referring agencies including learning disability and probation services, health & social care, and with mental health and forensic services along with schools and families.

If you would like to discuss a potential referral, funding or receive a referral form, please contact the COSA coordinator on **020 7874 5485** or by email: [julia.dick@respond.org.uk](mailto:julia.dick@respond.org.uk)

## Does it work?

Respond's unique adapted model enables the core member to experience interpersonal learning and a sense of equal participation and agency. Companionship is offered, guidance is given and received, feelings and behaviour are explored, problems shared and solutions seen to work.

Our approach offers value for money and demonstrable positive outcomes as compared with incarceration in prison and hospital. Respond measures the outcomes of its circles model using psychometric and other tests to evaluate the potential improvements in the emotional and social status of the core member. Areas in which there have been provable improvements are:

- Personal responsibility
- Socialisation
- Sexual knowledge
- Confidence and self-esteem
- Communication skills

All these factors work together to support the core member as they strive to maintain an offence-free lifestyle and greater social integration.

## **ESTABLISHED in 2013, Respond's COSA service:**

**BUILDS** on Respond's nearly 30 years of experience of working therapeutically with victims of trauma, both those who have been abused and those who abuse.

Is **INFORMED** by attachment theory, best practice in learning disability and a systemic approach to care, support and accountability.

Is **DELIVERED** by carefully selected and specially trained volunteers under the close supervision of the COSA coordinator.

Is **TAILOR MADE** to meet the needs of each core member. We have successfully delivered COSAs for people with mild, moderate and severe learning disabilities and with people with autism. The age range of our core members has ranged from 13 – 40. Some have offended; others are at risk of so doing. Many have mental health problems and/or come from complex family backgrounds.