



RESPOND))

from hurting to healing

Respond Easy Read Strategy



About Us



Respond is a national charity.



We support people with learning disabilities and autistic people who have experienced abuse.



Respond uses a trauma informed approach.



This gives the person and their families space to think.



We work with children, young people and adults and their families who have had trauma in their lives.



We have an office in London and in the Midlands.

Our Vision



Our vision is that all people with learning disabilities and autistic people who experience trauma are empowered to thrive.



We will do this using therapy, advocacy and training.

Therapy is talking to a trained person about your trauma.

Our Mission



We reduce the impact of trauma in the lives of people with learning disabilities and autistic people, by developing trusting relationships.



This means that we will work with people to have their best life.

Our Values



Our values tell you about how we will behave and support our mission.



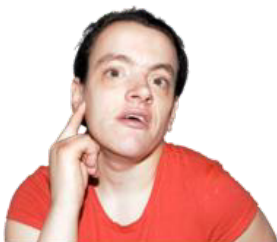
Respect – We think about peoples feelings, rights and opinions.



Safe – Our relationships are built on trust.



Inclusive – We include lots of ways of working.



Compassionate – We listen and understand people and the way they are.



Empowering – We support people to achieve their goals.

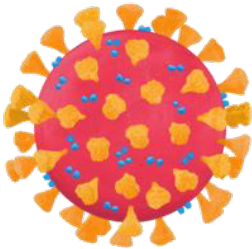
What We Want To Do



This is the start of our new 3 year strategy.
A strategy is a plan.



We want to build and grow to make changes across the country and with the government.



We have worked in a different way during Covid 19 and sometimes this has been hard.



We want to have data to show that the people we support have improved and are less isolated.

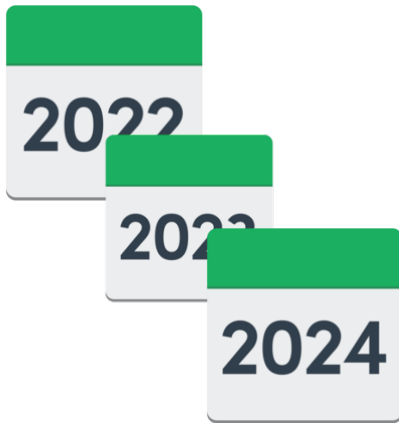


We want to continue to make sure our services are accessible and inclusive for everyone.



We will raise awareness to make sure that people understand how important it is to understand the trauma informed approach. We will work together with people who use our services.

How We Will Do This



We want to support more people in the next 3 years.



We will ask people to think about how trauma makes people feel and act.

We will train more people each year, making sure people who have experienced trauma support us to do this.



We will work with children, young people, their families and all the other important people in their lives.

This means we will work with other services when we support people and their families.

How Will We Do This



Help people who have been stuck in hospital for a long time to feel less sad, worried and angry. We will help them to be part of their community.

This means we will support people back into the community from hospitals.

They will have a good quality of life and we will support their families to support their loved ones.



We will help people who might hurt themselves or other people not to do it so much.

This means we will find ways to reduce risks for people.

We will support people and their professionals to feel less alone.



**Help people feel less lonely,
more able to cope and stop more
people getting hurt.**

This means supporting people to
feel less alone and not be abused.

We will support more people each
year in person and with our digital
advocacy and therapy.



We thank Dudley Voices for Choice
who we commissioned to help us
develop our easy read strategy.

