

Course title	Course purpose	Key areas covered	Format
<p>Introduction to trauma informed approaches</p> <p>Trauma informed approaches for front line staff</p> <p>Trauma informed approaches for Managers and Leader</p>	<p>For professionals and organisations to gain an increased understanding of the trauma informed approach when working with autistic people and people with learning disabilities.</p> <p>Includes some course content from the introduction training with additional material that is relevant for front line staff</p> <p>Includes some course content from the introduction training with additional material that is relevant to managers & leaders.</p>	<p>Understanding trauma in the lives of autistic people or people with a learning disability</p> <p>Trauma-Informed practice and services</p> <p>Recognising and responding to trauma</p> <p>Developing an understanding of how trauma can get into relationships and systems around the person</p>	<p>Interactive and informal session for a maximum of 15 participants.</p> <p>Online</p> <p>Face to face (depending on locality and venue)</p> <p>Delivered in one session over a day.</p>
<p>Family trauma training</p>	<p>Understanding and responding to Family Trauma and how it affects the families of autistic people and people with learning disabilities, particularly those admitted to inpatient settings.</p> <p>Focusing on the culture shift needed to embed change and set up ways of being accountable.</p>	<p>Understanding trauma in the lives of autistic people or people with a learning disability</p> <p>Trauma & families/relational trauma</p> <p>Trauma in the system</p> <p>How trauma informed approached make a difference</p>	<p>Interactive and informal session for a maximum of 15 participants.</p> <p>Online</p> <p>Face to face (depending on locality and venue)</p> <p>Delivered by a therapist and Lived Experience Trainer</p>
<p>Trauma Champions training</p>	<p>To gain an in-depth understanding of trauma in the context of autistic people and people with learning disabilities.</p> <p>Professional development</p>	<p>Trauma informed training.</p> <p>Reading of core texts and group discussion</p> <p>Clinical supervision, where delegates will be encouraged to bring their own case work to develop their own ability to supervise from a trauma informed perspective.</p>	<p>Interactive and informal session for a maximum of 15 participants.</p> <p>Online</p> <p>Face to face (depending on locality and venue)</p> <p>One day a month over a period of six months</p>

Our current standard day rate to provide training is £1,800 for on-line sessions (additional costs will be incurred for travel for any in-person training)